

# Monthly Newsletter

July 1, 2025 https://www.sandcreekanimalhospital.com



## What's New at Sand Creek

#### Exceptional veterinary care, education, and peace of mind.

We are very pleased to announce we have a new doctor joining the practice! Please help us all in welcoming Dr. Fiona Murphy!

Read more on our website

## **Featured Adoptable Pet**

This is Babe. He is a male chihuahua around 12 yrs. old and 20 lbs. He was surrendered because his elderly owner was going into a care facility.

Babe really enjoys going on his walks, but also likes to lounge around the house. He might need some patience because he can be very skittish, but he is very sweet. Someone who works from home a lot or is retired would be an ideal situation since he hates being left home alone and needs to be let outside frequently during the day though he could be left in a crate if needed. He'll typically sleep the entire night without needing a potty break. He is just looking for his person so he can be their shadow. He is fine with other dogs and cats (currently lives with 3 other pets), but he does prefer to be with his person. Learn more about adoption here:

https://www.petfinder.com/dog/babe-72869915/ny/albany/homewardbound-dog-rescue-of-ny-ny480/



## Summer Holidays are Approaching

Some seasonal reminders for everyone:

- Fourth of July The fourth is rapidly approaching! If your pet is afraid of fireworks, please give us a call. Some dogs require sedating medications to keep them safe and comfortable during this holiday. Remember it's best to keep your dogs inside during the fireworks as well. Some dogs will get spooked from the noise and can get lost if they suddenly run away.
- Heat wave temperatures have been skyrocketing in our area these past few weeks. Remember to keep your furry friends indoors in a temperature controlled area as much as possible. When walking your dogs, please keep in mind that the pavement is much hotter than the air temperature. If you think your pet is overheating, please give us a call or call your local emergency room for guidance. Heatstroke is an emergency for dogs and cats!
- There are a lot of fun activities you can do with your dog inside when it's hot out! Some dogs love to use their noses to search items out. Learn more about scent games here: <u>https://www.akc.org/expert-advice/training/indoor-scentgames-for-dogs/</u>
- Keep your pups cool this summer with doggie popsicles! Try mixing low sodium chicken/beef broth and water in a large bowl with pieces of fruit, like blueberries, cut up strawberries, or cut up apples. Pour the mixture into popsicle molds or ice cube trays, freeze, and use as a cooling treat!

## Are you planning a barbeque?

For those of you planning on hosting or attending a backyard barbeque, there are some things to consider if your dogs will be there.

- Remember, pets should not be fed excessive amounts of people food. Some doggie safe barbeque foods that your dog can share in moderation: small pieces of a cooked hamburger, raw fruit/veggies like apple slices or baby carrots, doggie popsicles.
- Keep your dogs contained! If you are not in a fenced yard, please keep them on leash so they don't get lost, especially in an unfamiliar area.
- Watch your dogs when they are around children! Some children will leave food in places dogs can reach. Make sure to watch dog/kid interactions and look out for ear pulling, smacking, or riding. Dogs often do not respond well to things like this, even if they know the child.

#### July is...

National Lost Pet Prevention Month\* 1st is National ID Your Pet Day\* 10th is Kitten Appreciation Day 11th is American Pet Photo Day 15th is National Pet Fire Safety Day 31 is National Mutt Day

\*If your pet is not microchipped and you would like to have them chipped, give our office a call.

### **Events**

*Sunday, July 6, 1pm - 3pm* Adoption Clinic at Boathouse Grille with Out of the Pits 80 Shady Harbor Drive, New Baltimore

Saturday, July 12, 12pm - 3pm Pints for Pit Bulls at Philly's with Out of the Pits Philly Bar and Grille 622 Watervliet Shaker Road, Latham

Saturday, July 12, 10am - 4pm Goldstein Adoption Event with Mohawk Hudson Humane Society 3 Oakland Ave, Menands

Saturday, July 19, 11am - 8pm Bark, Brew, and Tattoo with Out of the Pits Saratoga City Center 522 Broadway, Saratoga Springs

Saturday, July 26, 11am - 1pm Adoption Clinic at Bare Blends with Out of the Pits 664 Loudon Road, Latham

## **Employee Pet of the Month**

This is Flora! She is a 3 year old cat, owned by our lead veterinarian assistant, Mackenzie! She was adopted from Mohawk Hudson Humane Society last July. Her favorite treats are Churros, and her mother's arm when she is feeling feisty. She loves to watch birds outside and jump out at people when they walk around corners. She also jumps into the shower to scare her owners! She loves belly rubs. Natasha, one of our technicians, said, "Flora and I love to chat, she's always willing to give me her opinion on things. Even when I didn't know I needed it!" Her doctor, Dr. Baner said, "I loved meeting the sweet Flora girl, who loves being held like a baby! She was the best girl for her visit and so brave the whole time! Though she loves to talk at home she was a quiet girl and so good while she was here. I can't wait to see Flora in the future!"



## Learn More

If you've ever been interested in learning more about how to deepen your relationship with your pet, the team here at Sand Creek Animal Hospital has some suggestions for further reading. Books:

- <u>Decoding Your Dog: Explaining Common Dog Behaviors and How to Prevent or Change Unwanted</u> <u>Ones: Amer. Coll. of Veterinary Behaviorists, Horwitz, Debra F.: 9780544334601: Amazon.com:</u> <u>Books</u>
- The Other End of the Leash
- Don't Shoot the Dog
- <u>Control Unleashed</u>
- <u>The Cautious Canine</u>
- Doggie Language

Trainers who work with families with children:

- Pooch Parenting
- The Family Dog USA
- Family Paws Parent Education

#### Fear Free Veterinary Care

Here at Sand Creek Animal Hospital, we practice what is known as Fear Free medicine - that means we do anything and everything we can to ease our patients' anxiety when they visit us. All of the staff that interact with pets regularly are Fear Free Certified, which includes an educational course on how to handle fearful animals. Learn more here: <u>https://fearfreepets.com/</u>

#### **Community Support: Pet Loss**

Did you know that there are many options in the capital district for pet loss support? If you or someone you know has lost a pet and are struggling, there are options out there for support. Upstate Veterinary Specialties offers an hour long group every second Tuesday of each month at 6 pm. Patrons may attend in person or virtually. Learn more here: <a href="https://www.uvsonline.com/wellbeing-support/">https://www.uvsonline.com/wellbeing-support/</a> For those who do not feel comfortable attending a group, The Association for Pet Loss and Bereavement offers a private chat room for those struggling with pet loss. Their website also has many other resources for those in need. Learn more here: <a href="https://www.aplb.org/">https://www.aplb.org/</a> If you have a specific need for support or further resources, please do not hesitate to reach out to us, by email, phone, or text. Here at Sand Creek Animal Hospital, we are all here to help and support our clients and their families. There are even options for those of us who are suffering from the loss of a pet for behavioral reasons. If this applies to you, you may benefit from the group "Losing Lulu." Learn more here: <a href="https://www.losinglulu.com/">https://www.losinglulu.com/</a>

## **Contact Us**

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